

PLAY-ALONG CD AND
START-UP VIDEO

ESSENTIAL ELEMENTS 2000

for Strings



A COMPREHENSIVE STRING METHOD

BY

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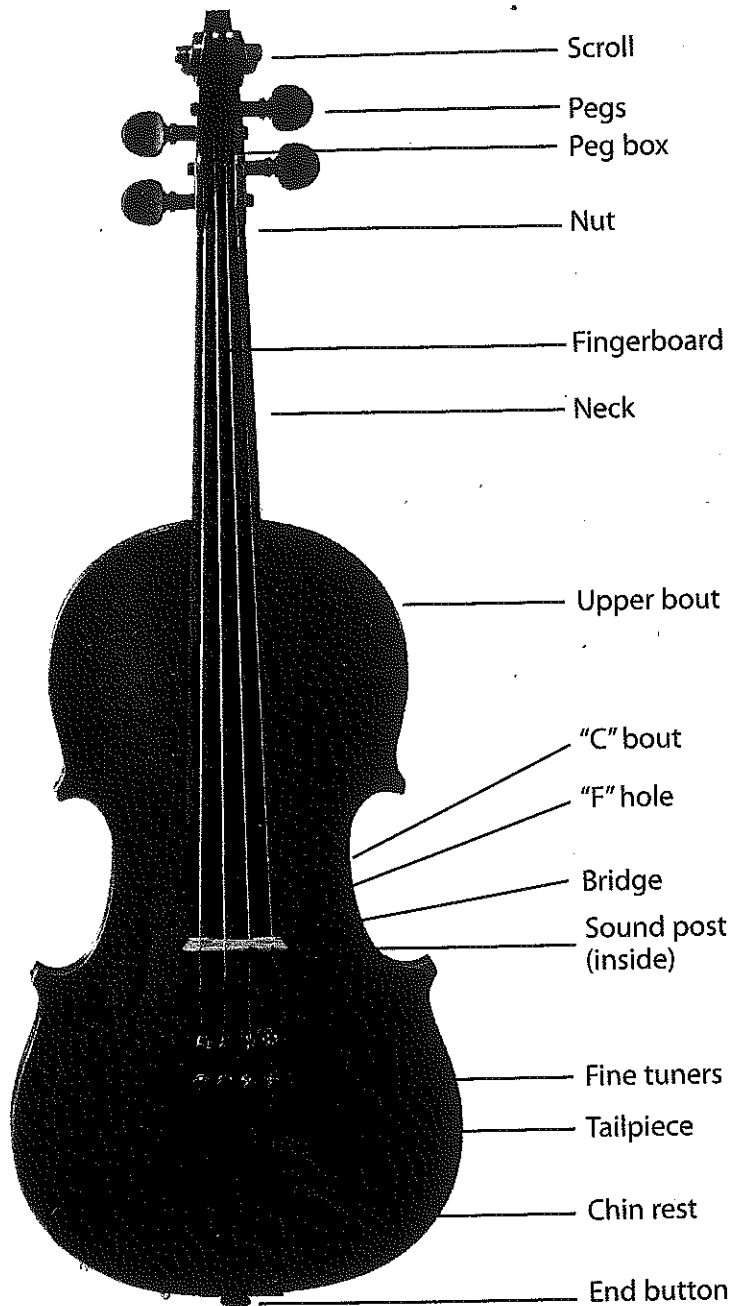
ARRANGEMENTS BY

JOHN HIGGINS



HAL•LEONARD®
CORPORATION

THE VIOLIN



Take Special Care

String instruments are delicate. Follow your teacher's guidelines in caring for your instrument, and it will last forever.

- Follow your teacher's instructions when removing the instrument from the case.
- Protect your instrument from heat, cold, and quick changes in temperature.
- Always wipe off the instrument with a soft dry cloth. Be sure to remove all fingerprints and rosin.
- Place a cloth over the top of the violin before closing the case.

Accessories

- Rosin
- Shoulder rest
- Soft cloth
- Extra set of strings

THE BOW



- Never touch the bow hair.
- Keep the bow in your case until directed by your teacher.

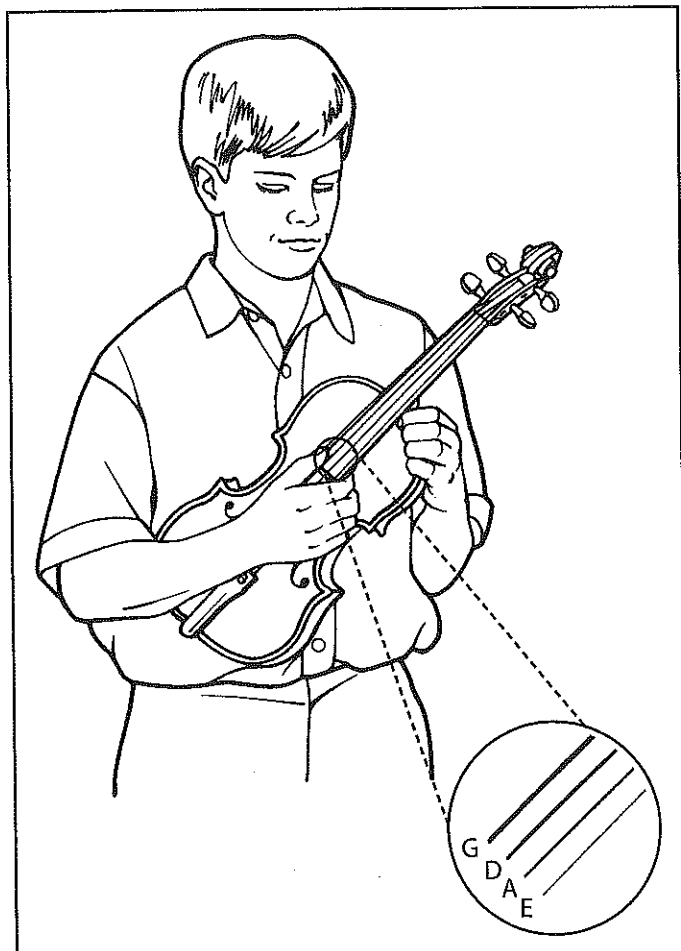
HOLDING YOUR INSTRUMENT

The best way to learn to play your instrument is to practice one skill at a time. Repeat each step until you are comfortable demonstrating it for your teacher and classmates.

Many violin players begin by playing their instrument in guitar position. As you learn the basics, your teacher will help you change to shoulder position.

Guitar Position

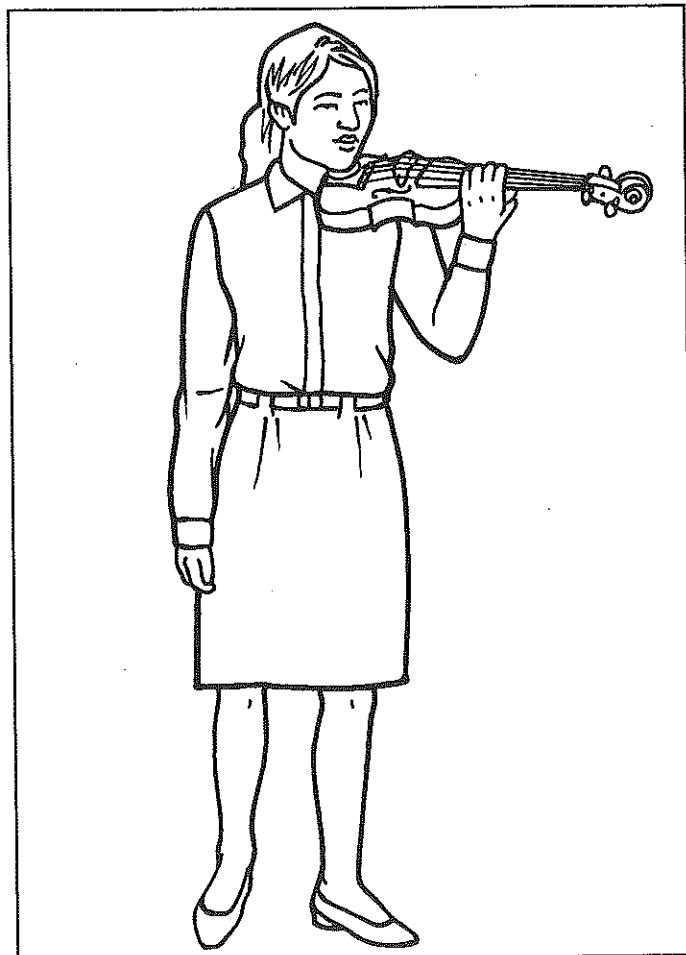
- Step 1** Place the instrument case flat on the floor with the handle facing you. Open the case and lift the instrument up by the neck. Identify all parts of the violin.
- Step 2** Cradle the violin under your right arm. Raise the scroll to shoulder height. Be sure the back of the violin is flat against your stomach.
- Step 3** Identify the letter names of each string: G (lowest pitch), D, A, E.
- Step 4** Raise your right thumb over the strings while continuing to hold the instrument. Pluck the strings as directed by your teacher. Plucking the strings is called *pizzicato*, and is abbreviated *pizz.*



Guitar Position

Shoulder Position

- Step 1** (*Standing*) – Stand with feet about a shoulder's width apart. (*Sitting*) – Sit on the front part of the chair.
- Step 2** Turn your left foot to the 10 o'clock position. Slide your right foot back. Adjust your position to place more weight on your left foot.
- Step 3** Hold your instrument at eye level parallel to the floor. Curve your left hand around the upper bout. Find the end button with your right hand.
- Step 4** Bring the instrument down to your shoulder. The end button should be near the middle of your neck. Turn your head slightly to the left, and place your jaw on the chin rest. Be sure the scroll does not point toward the floor.



Shoulder Position

Beat = The Pulse of Music

The **beat** in music should be very steady, just like your pulse.

Quarter Note ♩ = 1 Beat of Sound

Notes tell us how high or low to play, and how long to play.

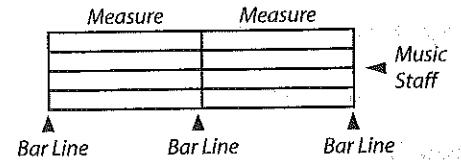
Quarter Rest { = 1 Beat of Silence

Rests tell us to count silent beats.

Music Staff The **music staff** has 5 lines and 4 spaces.

Bar Lines **Bar lines** divide the music staff into **measures**.

Measures The **measures** on this page have four beats each.



1. TUNING TRACK Wait quietly for your teacher to tune your instrument.

2. LET'S PLAY "OPEN D"

Pizzicato (pizz.) ↪ Pluck the strings

0 ↪ Open string

D

3. LET'S PLAY "OPEN A"

pizz.
0

A

Keep a steady beat.

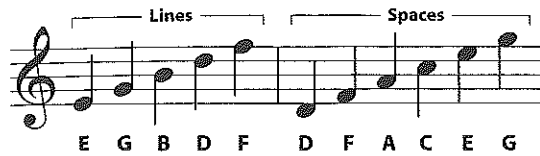
4. TWO'S A TEAM

pizz.

5. AT PIERROT'S DOOR The melody is on your CD.

pizz.

Treble Clef



Clefs indicate a set of note names.

Time Signature (Meter)

4 4 beats per measure
4 ♩ or ♪ gets one beat

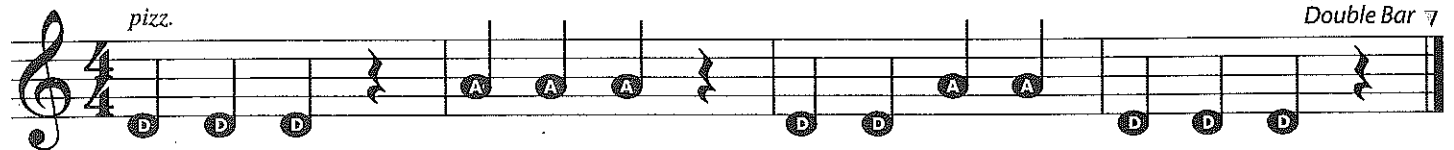
The **time signature** tells us how many beats are in each measure and what kind of note gets one beat.

Double Bar

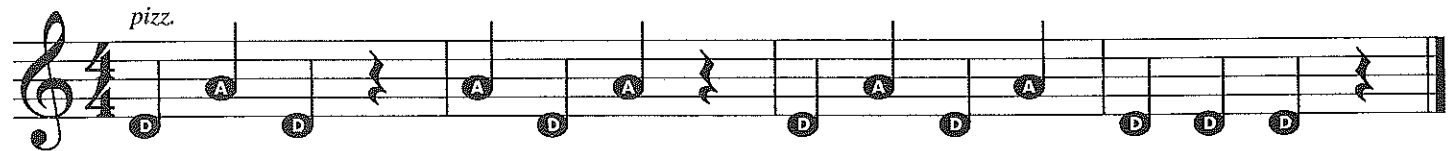


A **double bar** indicates the end of a piece of music.

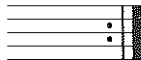
6. JUMPING JACKS Identify the clef and time signature before playing.



7. MIX 'EM UP



Repeat Sign



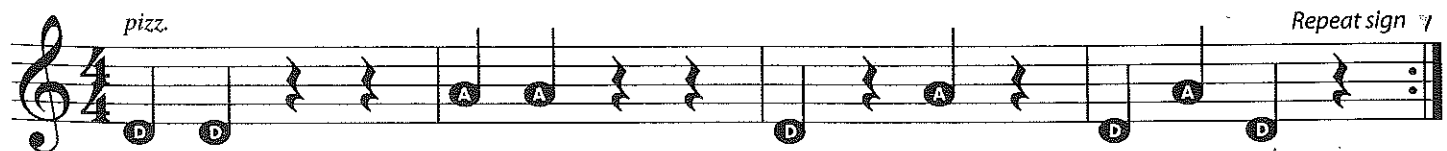
Go back to the beginning and play the music again.

Counting

Count 1 & 2 & 3 & 4 &
 Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

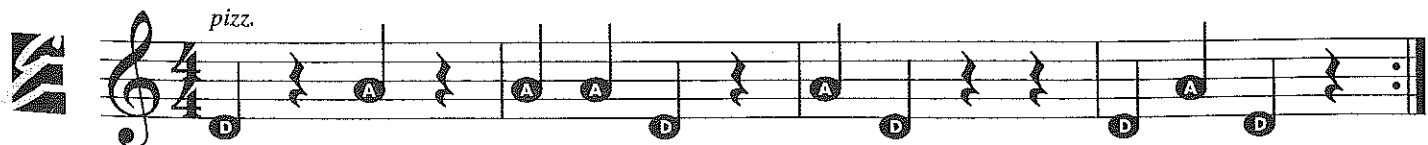
One beat = Tap toe down on the number and up on "&." Always count when playing or resting.

8. COUNT CAREFULLY Keep a steady beat when playing or resting.



Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

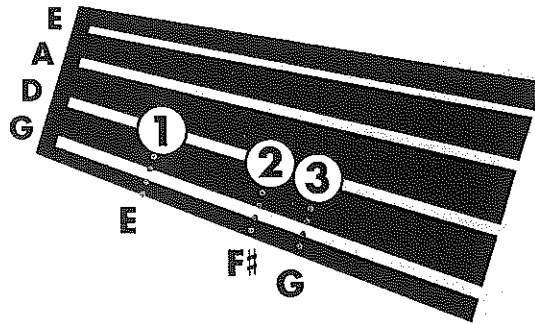
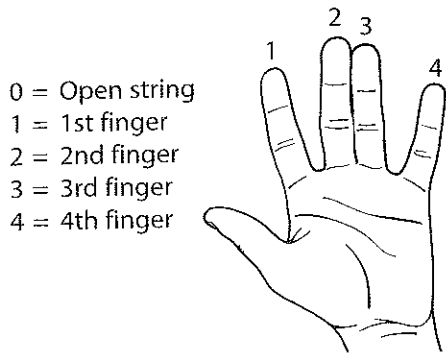
9. ESSENTIAL ELEMENTS QUIZ Write in the counting before you play.



SHAPING THE LEFT HAND

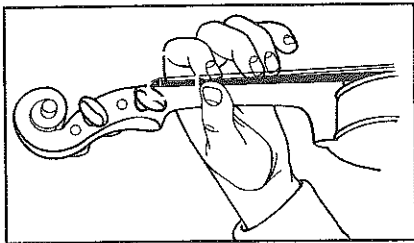
D STRING NOTES

Step 1 Shape your left hand as shown.
Be certain your palm faces you.

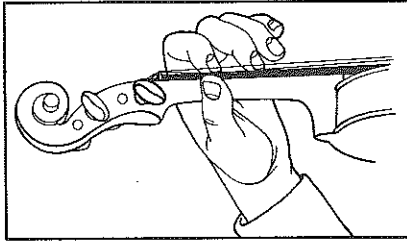


Step 2 Bring your hand to the fingerboard. Place your fingers on the D string, keeping your hand shaped as shown below.
Be sure your first finger forms a square with the fingerboard, and your wrist is relaxed and straight.

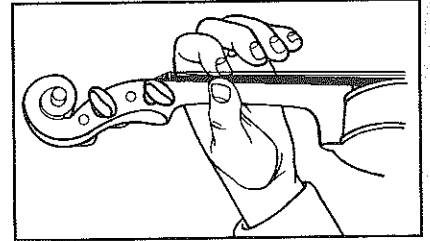
G is played with 3 fingers
on the D string.



F# is played with 2 fingers
on the D string.

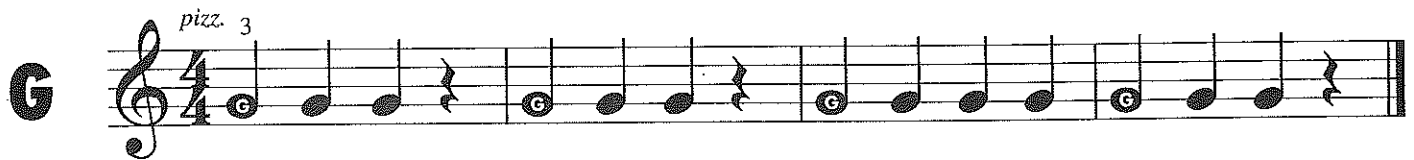


E is played with 1 finger
on the D string.



Listening Skills Play what your teacher plays. Listen carefully.

10. LET'S READ "G" Start memorizing the note names.

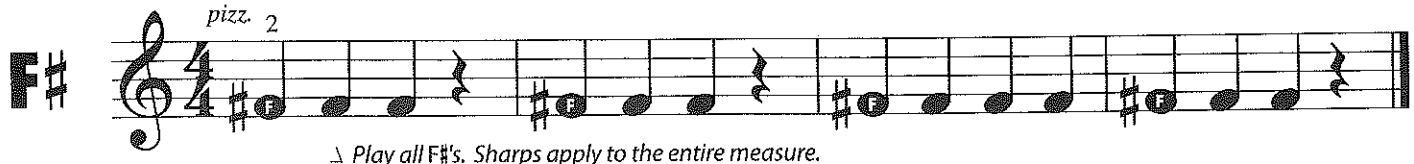


THEORY

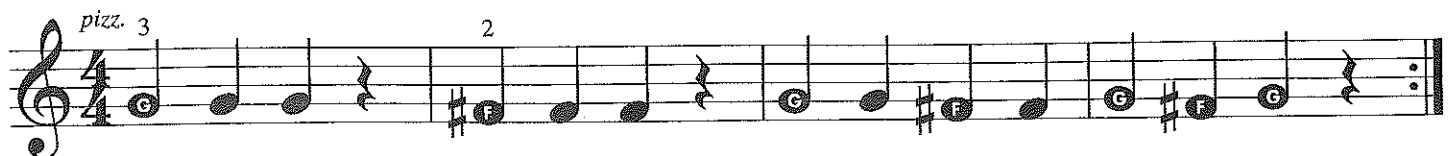
Sharp #

A **sharp** raises the sound of notes and remains in effect for the entire measure.
Notes without sharps are called **natural** notes.

11. LET'S READ "F#" (F-sharp)



12. LIFT OFF



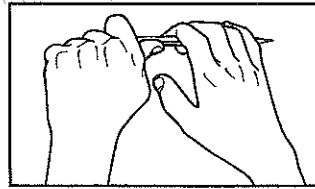
✓ Is your left hand shaped as shown in the diagrams above?

SHAPING THE RIGHT HAND

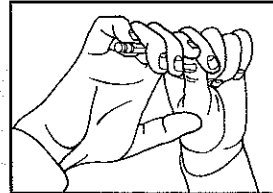
BOW BUILDER ONE

Pencil Hold

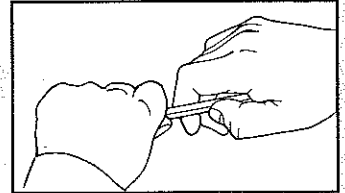
Step 1 Hold a pencil in your left hand at eye level.



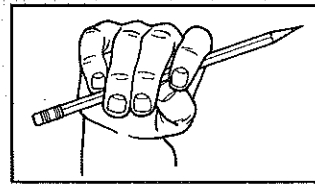
Step 2 Hang your right fingers over the top of the pencil, as shown.



Step 3 Place your right 4th finger on top of the pencil.



Step 4 Touch the tip of your right thumb to the pencil just opposite your 2nd finger. The curve of your thumb will form an oval with the finger.



Step 5 Lean your right hand so the first finger rests on top of the pencil between the 1st and 2nd joints. Keep your fingers relaxed. Remove your left hand from the pencil. Practice shaping your hand on the pencil until it feels natural to you.

★ Practice BOW BUILDER ONE daily.

13. ON THE TRAIL Say or sing the note names before you play.

pizz.

14. LET'S READ "E"

pizz. 1

E

15. WALKING SONG

pizz. 3

2 1

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

16. ESSENTIAL ELEMENTS QUIZ Draw the missing symbols where they belong before you play:

pizz.

4/4

BOW BUILDER TWO

Pencil Hold Exercises

I'm Outta Here

Wave good-bye while keeping your wrist relaxed.

Thumb Flexers

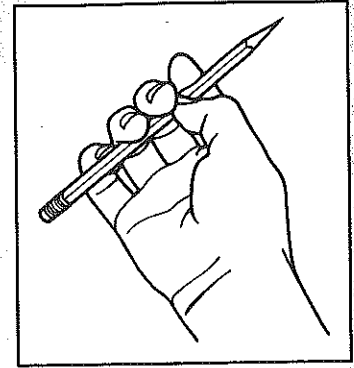
Flex your thumb in and out.

Finger Taps

Tap your first finger. Then tap your fourth finger.

Knuckle Turnovers

Turn your hand over and be sure your thumb knuckle is bent, as shown.



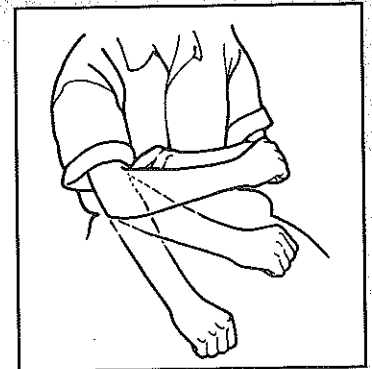
Knuckle Turnovers

BOW BUILDER THREE

Bowing Motions

Swingin' Out

Put one finger inside your right elbow and swing your arm, as shown.



Swingin' Out

17. HOP SCOTCH

pizz.

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

HISTORY

Folk songs have been an important part of cultures for centuries and have been passed on from generation to generation. Folk song melodies help define the sound of a culture or region. This folk song comes from the Slavic region of eastern Europe.

18. MORNING DANCE

pizz. 3 2 0 1

Slavic Folk Song

19. ROLLING ALONG

pizz.

Go to next line. 7

WORKOUTS

Place your instrument in shoulder position as shown on page 3. Then practice the following exercises with your left hand.

Finger Taps

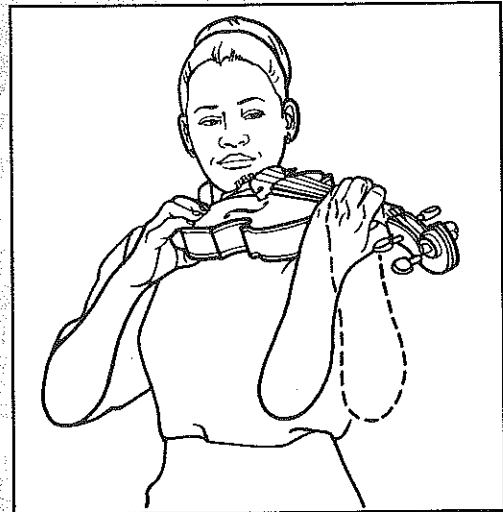
Tap fingertips on any string. Practice in different combinations of fingers.

Pull Aways

Pull your left hand away from the side of the neck, while keeping the thumb and fingers on the instrument.

Strummin' Along

Strum the strings with your 4th finger while swinging your elbow under the violin, as shown.



Strummin' Along

20. GOOD KING WENCESLAS

Welsh Folk Song

pizz. 3 0

△ Keep fingers down when you see this bracket.

21. SEMINOLE CHANT

pizz.

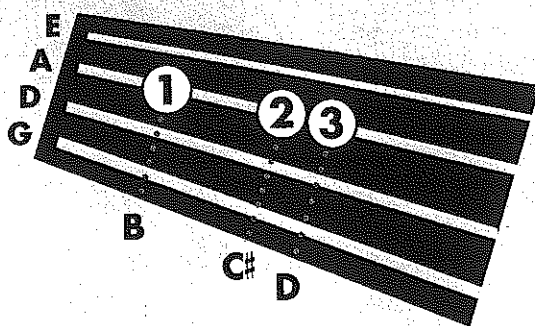
Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

22. ESSENTIAL ELEMENTS QUIZ - LIGHTLY ROW

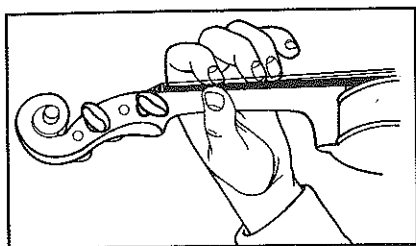
pizz. 0 2 3 1

△ Prepare F# before playing.

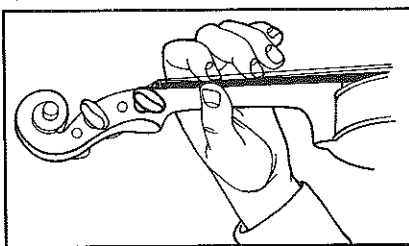
A STRING NOTES



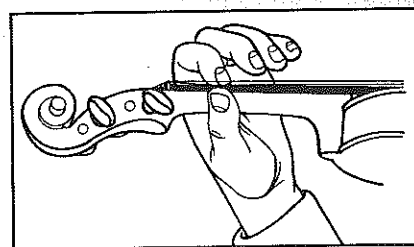
D is played with 3 fingers on the A string.



C# is played with 2 fingers on the A string.



B is played with 1 finger on the A string.



Listening Skills

Play what your teacher plays. Listen carefully.

23. LET'S READ "D"

D *pizz.* 3

Musical notation for exercise 23. It consists of a single staff in 4/4 time with a treble clef. The first measure contains a dotted quarter note D followed by an eighth rest. The second measure contains a dotted quarter note D followed by an eighth rest. The third measure contains a dotted quarter note D followed by an eighth rest. The fourth measure contains a dotted quarter note D followed by an eighth rest.

24. LET'S READ "C#" (C-sharp)

C# *pizz.* 2

Musical notation for exercise 24. It consists of a single staff in 4/4 time with a treble clef. The first measure contains a dotted quarter note C# followed by an eighth rest. The second measure contains a dotted quarter note C# followed by an eighth rest. The third measure contains a dotted quarter note C# followed by an eighth rest. The fourth measure contains a dotted quarter note C# followed by an eighth rest.

▲ Play all C#'s. Sharps apply to the entire measure.

25. TAKE OFF

pizz. 3 2

Musical notation for exercise 25. It consists of a single staff in 4/4 time with a treble clef. The first measure contains a dotted quarter note D followed by an eighth note G. The second measure contains a dotted quarter note C# followed by an eighth note G. The third measure contains a dotted quarter note D followed by an eighth note G. The fourth measure contains a dotted quarter note D followed by an eighth note G.

26. CARIBBEAN ISLAND

pizz. 3 2 0 3

Musical notation for exercise 26. It consists of a single staff in 4/4 time with a treble clef. The first measure contains a dotted quarter note D followed by an eighth note G. The second measure contains a dotted quarter note D followed by an eighth note G. The third measure contains a dotted quarter note D followed by an eighth note G. The fourth measure contains a dotted quarter note D followed by an eighth note G.

★ Practice BOW BUILDERS ONE, TWO, and THREE daily.

27. OLYMPIC HIGH JUMP

Musical notation for 'OLYMPIC HIGH JUMP' in 4/4 time. The piece consists of two measures of a D major scale: D4 (quarter), E4 (quarter), F#4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C#5 (quarter), D5 (quarter). The first measure is marked 'pizz.' and has a slur under the notes D4, E4, F#4, G4. The second measure is also marked 'pizz.' and has a slur under the notes A4, B4, C#5, D5. The piece ends with a repeat sign.

28. LET'S READ "B"

Musical notation for 'LET'S READ "B"' in 4/4 time. The piece consists of four measures of a B major scale: B4 (quarter), C#5 (quarter), D5 (quarter), E5 (quarter), F#5 (quarter), G5 (quarter), A5 (quarter), B5 (quarter). The first measure is marked 'pizz.' and has a large letter 'B' graphic to its left. The piece ends with a repeat sign.

29. HALF WAY DOWN

Musical notation for 'HALF WAY DOWN' in 4/4 time. The piece consists of four measures of a descending D major scale: D5 (quarter, pizz. 3), C#5 (quarter, 2), B5 (quarter, 1), A5 (quarter, 0), G5 (quarter), F#5 (quarter), E5 (quarter), D5 (quarter). The piece ends with a repeat sign.

30. RIGHT BACK UP

Musical notation for 'RIGHT BACK UP' in 4/4 time. The piece consists of four measures of an ascending D major scale: D4 (quarter, pizz. 0), E4 (quarter, 1), F#4 (quarter, 2), G4 (quarter, 3), A4 (quarter), B4 (quarter), C#5 (quarter), D5 (quarter). The piece ends with a repeat sign.

Scale A scale is a sequence of notes in ascending or descending order. Like a musical "ladder," each note is the next consecutive step of the scale. This is your D Scale. The first and last notes are both D.

THEORY

31. DOWN THE D SCALE Remember to memorize the note names.

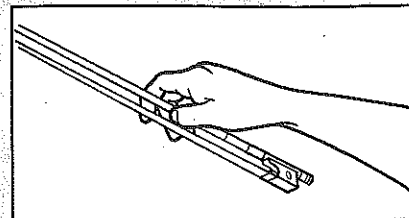
Musical notation for 'DOWN THE D SCALE' in 4/4 time. The first line shows the descending scale from D5 to A5: D5 (pizz. 3), C#5 (2), B5 (1), A5 (0). The second line shows the descending scale from G5 to D4: G5 (3), F#5 (2), E5 (1), D5 (0). The piece ends with a repeat sign.

32. ESSENTIAL ELEMENTS QUIZ - UP THE D SCALE

Musical notation for 'ESSENTIAL ELEMENTS QUIZ - UP THE D SCALE' in 4/4 time. The first line shows the ascending scale from D4 to G4: D4 (pizz. 0), E4 (1), F#4 (2), G4 (3). The second line shows the ascending scale from A4 to D5: A4 (0), B4 (1), C#5 (2), D5 (3). The piece ends with a repeat sign.

On The Bow (Early Bow Hold)

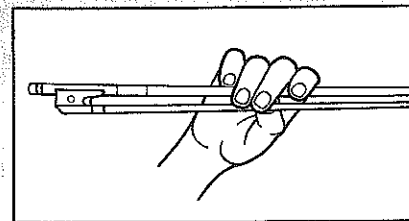
Step 1 Identify all parts of the bow (see page 2). Hold the bow in your left hand near the tip with the frog pointing to the right.



Balancing The Bow

Step 2 Put your right thumb and 2nd finger on the bow stick near the middle of the bow.

Step 3 Shape your right hand on the bow stick, as shown.



Early Bow Hold

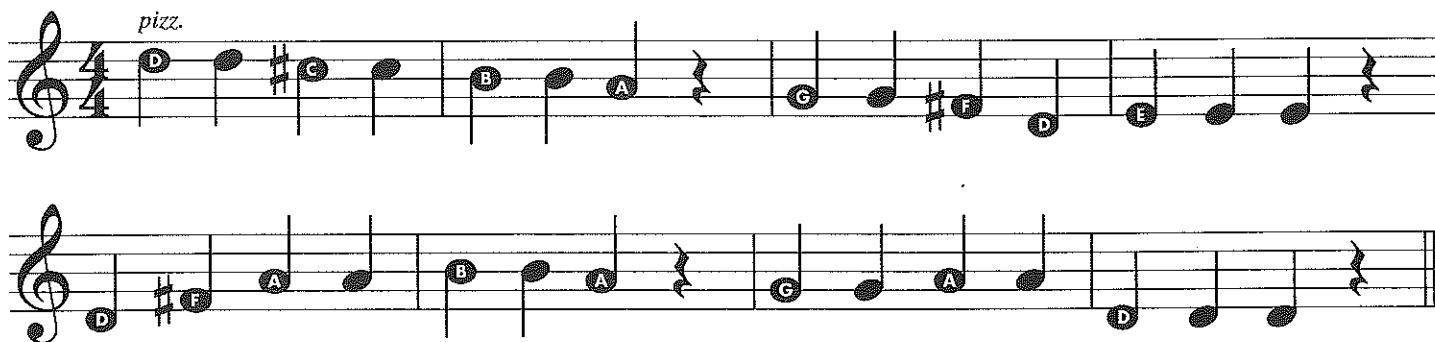
Step 4 Turn your right hand over, and be sure your thumb and fingers are curved.

Step 5 Hold the bow and repeat the exercises on page 8.

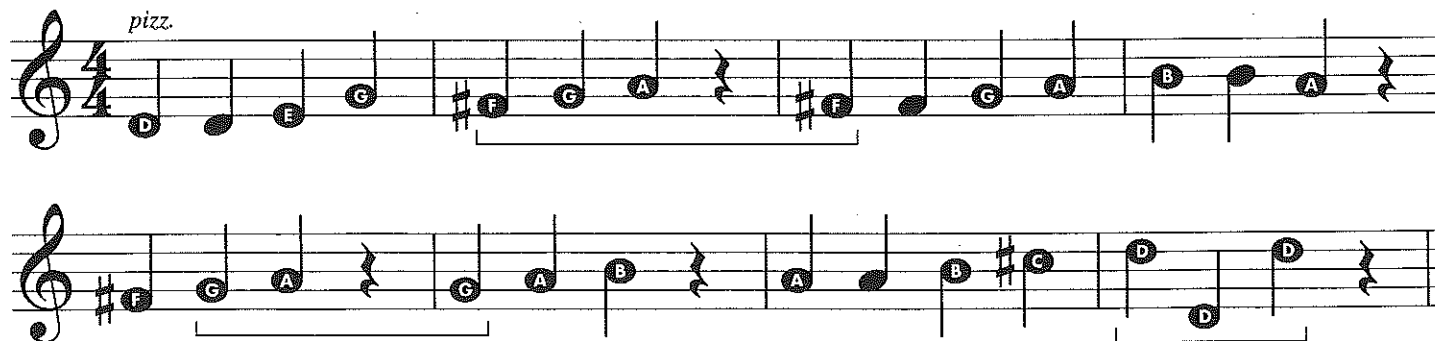


Alert Do not place your bow on the instrument until instructed to do so by your teacher.

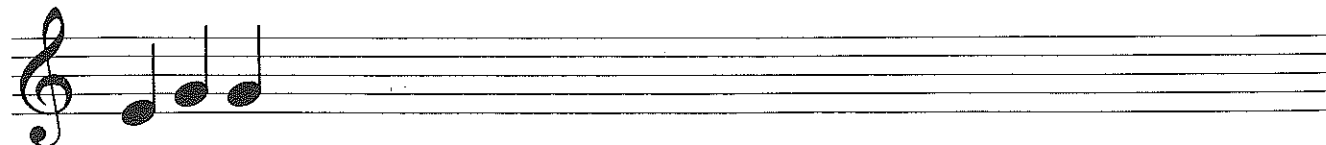
33. SONG FOR CHRISTINE



34. NATALIE'S ROSE *Remember to count.*



35. ESSENTIAL CREATIVITY *How many words can you create by drawing notes on the staff below?*



Example E G G

Folk songs often tell stories. This **Israeli folk song** describes a game played with a dreidel, a small table-top spinning toy that has been enjoyed by families for centuries. The game is especially popular in December around the time of Hanukkah.

36. DREIDEL

Israeli Folk Song

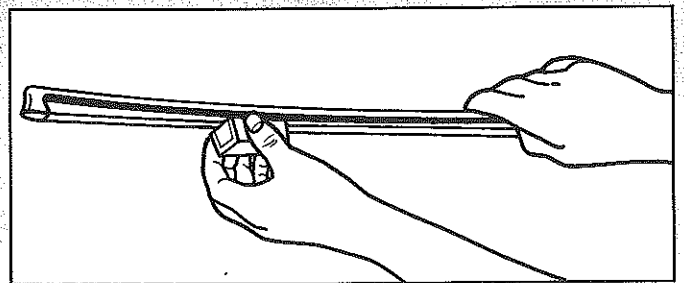
pizz.

BOW BUILDER FIVE

Shadow Bowing

Shadow Bowing is bowing without the instrument.

- Step 1** Tighten the bow hair as instructed by your teacher.
- Step 2** Place the rosin in your left hand. Hold the bow at the balance point.
- Step 3** Shadow bow by slowly moving the bow back and forth on the rosin. Be sure to move the bow, not the rosin.



- Down Bow** ▣ Move the bow away from your body (to the right).
- Up Bow** ▽ Move the bow toward your body (to the left).

37. ROSIN RAP #1

Bow these exercises on the rosin.

Down Rest Up Rest Down Rest Up Rest Down Up Down Up Down Rest Up Rest

38. ROSIN RAP #2

Down Up Down Rest Up Down Up Rest Down Up Rest Rest Down Up Rest Rest

39. ROSIN RAP #3

Down Up Rest Rest Down Up Rest Rest Down Rest Up Rest Down Up Down Up

✓ Is your bow hand shaped as shown in the diagram above?

BOW BUILDER FOUR

On The Bow (Early Bow Hold)

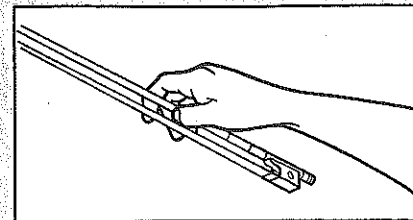
Step 1 Identify all parts of the bow (see page 2). Hold the bow in your left hand near the tip with the frog pointing to the right.

Step 2 Put your right thumb and 2nd finger on the bow stick near the middle of the bow.

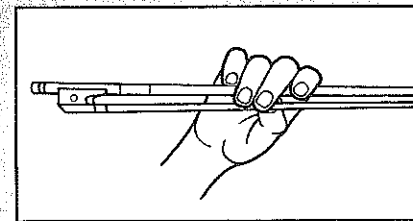
Step 3 Shape your right hand on the bow stick, as shown.

Step 4 Turn your right hand over, and be sure your thumb and fingers are curved.

Step 5 Hold the bow and repeat the exercises on page 8.



Balancing The Bow



Early Bow Hold



Alert Do not place your bow on the instrument until instructed to do so by your teacher.

33. SONG FOR CHRISTINE

pizz.

34. NATALIE'S ROSE *Remember to count.*

pizz.

35. ESSENTIAL CREATIVITY *How many words can you create by drawing notes on the staff below?*

Example E G G

Folk songs often tell stories. This **Israeli folk song** describes a game played with a dreidel, a small table-top spinning toy that has been enjoyed by families for centuries. The game is especially popular in December around the time of Hanukkah.

36. DREIDEL

Israeli Folk Song

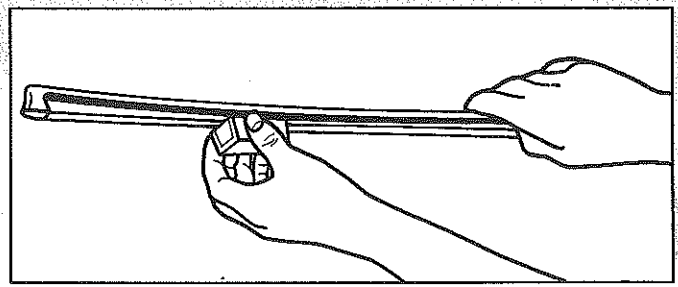
pizz.

BOW BUILDER FIVE

Shadow Bowing

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- Step 1** Tighten the bow hair as instructed by your teacher.
- Step 2** Place the rosin in your left hand. Hold the bow at the balance point.
- Step 3** Shadow bow by slowly moving the bow back and forth on the rosin. Be sure to move the bow, not the rosin.



- Down Bow** Move the bow away from your body (to the right).
- Up Bow** Move the bow toward your body (to the left).

37. ROSIN RAP #1 *Bow these exercises on the rosin.*

38. ROSIN RAP #2

39. ROSIN RAP #3

Is your bow hand shaped as shown in the diagram above?

Review these notes. Write the letter names in the spaces below.

A musical staff in treble clef with a key signature of one sharp (F#). The notes are: G4, A4, B4, C5, B4, A4, G4. Below the staff are seven horizontal lines for writing letter names.

40. CAROLINA BREEZE

Musical staff for 'CAROLINA BREEZE' in 4/4 time, marked *pizz.*. The notes are: G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4. Fingerings are indicated above the notes: 3, 2, 1, 0, 3, 2, 1, 2, 3. A count is provided below: **Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &**

41. JINGLE BELLS

J. S. Pierpont

Musical staff for 'JINGLE BELLS' in 4/4 time, marked *pizz.*. The notes are: G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4. Fingerings are indicated above the notes: 2, 0, 0, 1, 3, 2, 1, 0, 2, 0, 3, 1.

42. OLD MACDONALD HAD A FARM

American Folk Song

Musical staff for 'OLD MACDONALD HAD A FARM' in 4/4 time, marked *pizz.*. The notes are: G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4. Fingerings are indicated above the notes: 3, 0, 1, 1, 0, 3, 0, 3, 0, 3, 1, 0, 3.

Austrian composer **Wolfgang Amadeus Mozart** (1756–1791) was a child prodigy who first performed in concert at age 6. He lived during the time of the American Revolution (1775–1783). Mozart's music is melodic and imaginative. He wrote hundreds of compositions, including a piano piece based on this familiar song.

43. A MOZART MELODY

Adapted by W. A. Mozart

Musical notation for 'A Mozart Melody' in 4/4 time, D Major. The piece consists of three staves of music. The first staff begins with a 'pizz.' marking and a finger number '0'. The melody is simple and melodic, with fingerings indicated by numbers 0, 1, 0, 3, 2, 1, 0. The second and third staves continue the melody with similar fingerings and include rests.

Key Signature D MAJOR



A **key signature** tells us what notes to play with sharps and flats throughout the entire piece. Play all F's as F# (F-sharp) and all C's as C# (C-sharp) when you see this key signature, which is called "D Major."

44. MATTHEW'S MARCH

Musical notation for 'Matthew's March' in 4/4 time, D Major. The piece consists of two staves of music. The first staff begins with a 'pizz.' marking and a finger number '3'. The melody is more rhythmic and march-like, with fingerings indicated by numbers 3, 2, 3, 0, 3, 1. The second staff continues the melody with fingerings 3, 2, 1, 0, 0.

△ Play F#'s and C#'s when you see this key signature.

45. CHRISTOPHER'S TUNE

Musical notation for 'Christopher's Tune' in 4/4 time, D Major. The piece consists of two staves of music. The first staff begins with a 'pizz.' marking and a finger number '0'. The melody is simple and melodic, with fingerings indicated by numbers 0, 2, 1, 3, 1, 3. The second staff continues the melody with similar fingerings and includes rests.

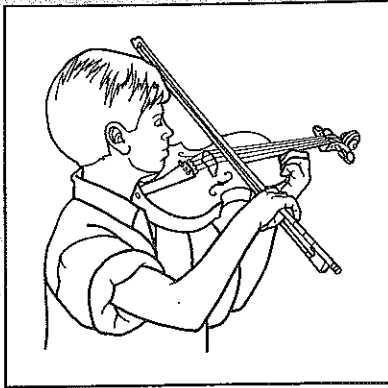
46. ESSENTIAL CREATIVITY

Play the notes below. Then compose your own music for the last two measures using the notes you have learned with this rhythm:

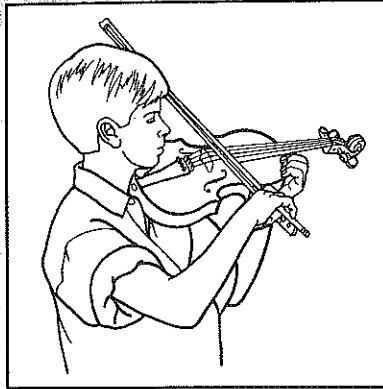
Musical notation for 'Essential Creativity' in 4/4 time, D Major. The piece consists of one staff of music. It begins with a 'pizz.' marking and a finger number '0'. The melody is simple and melodic, with fingerings indicated by numbers 0, 2, 1, 3, 1, 3. The last two measures are left blank for the student to compose their own music.

BOW BUILDER SIX

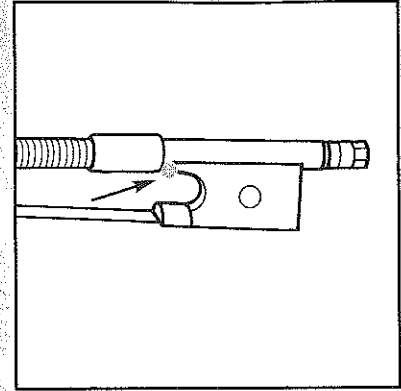
Let's Bow!



Early Bow Hold



Regular Bow Hold



Thumb Placement

Step 1 Hold the instrument with your left hand on the upper bout as illustrated.

Step 2 Hold the bow at the balance point (Early Bow Hold). Your right elbow should be slightly lower than your hand.

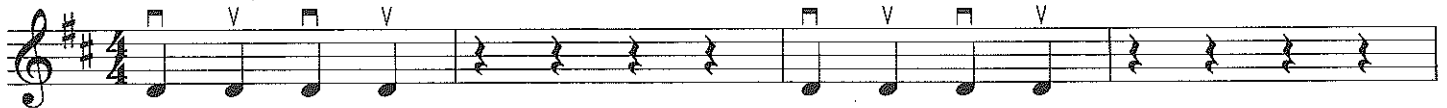
Your teacher will suggest when to begin moving your bow hand toward the frog, as shown in the Regular Bow Hold illustration. The tip of your thumb will move to the place on the stick where it touches the frog.

Listening Skills

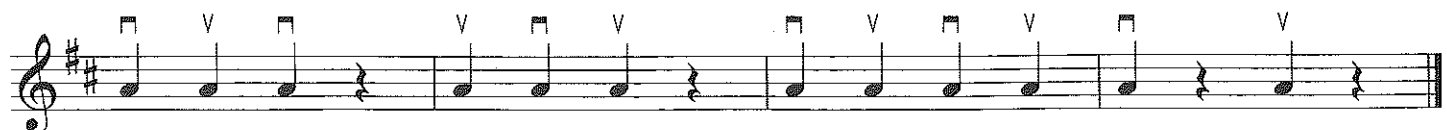
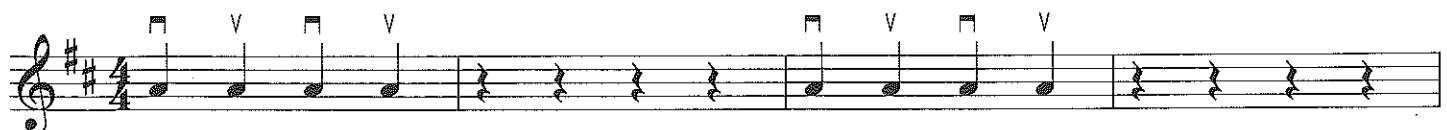
Play what your teacher plays. Listen carefully. Your tone should be smooth and even.

47. BOW ON THE D STRING

arco ↪ Play with the bow on the string.



48. BOW ON THE A STRING

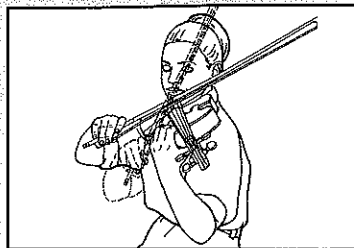


WORKOUTS

String Levels

Your arm moves when bowing on different strings. Memorize these guidelines:

- Raise your arm to play **lower**-pitched strings.
- Lower your arm to play **higher**-pitched strings.



Raise arm = lower string
 Lower arm = higher string

49. RAISE AND LOWER

Musical notation for exercise 49 in G major, 4/4 time. The first four measures show a sequence of notes on the G string (G4, A4, B4, C5) with a 'V' above each note. The next four measures are rests, with the text 'Raise your arm.' written above. The final four measures show a sequence of notes on the E string (E4, D4, C4, B3) with a 'V' above each note. The text 'Lower your arm.' is written above the final two measures.

50. TEETER TOTTER

Musical notation for exercise 50 in G major, 4/4 time. It consists of four measures of eighth notes alternating between the G string (G4, A4, B4, C5) and the E string (E4, D4, C4, B3). Each note has a 'V' above it.

51. MIRROR IMAGE

Musical notation for exercise 51 in G major, 4/4 time. It consists of four measures of eighth notes alternating between the G string (G4, A4, B4, C5) and the E string (E4, D4, C4, B3). Each note has a 'V' above it.

Bow Lift ↷ Lift the bow and return to its starting point.

52. A STRAND OF D 'N' A

Musical notation for exercise 52 in G major, 4/4 time. It consists of four measures of eighth notes on the G string (G4, A4, B4, C5) with a 'V' above each note. The final measure is a whole rest with the text 'Bow Lift' written above it.

53. ESSENTIAL ELEMENTS QUIZ – OLYMPIC CHALLENGE

Musical notation for exercise 53 in G major, 4/4 time. It consists of four measures of eighth notes on the G string (G4, A4, B4, C5) with a 'V' above each note.

BOW BUILDER SEVEN

Combining Both Hands

Using notes from the D major scale, echo what your teacher plays.

Example A:

 Musical notation for Example A in D major, 4/4 time. The first measure is labeled 'Teacher' and contains a quarter note D4. The second measure is labeled 'Student' and contains a quarter note E4. The third measure is labeled 'Teacher' and contains a quarter note F#4. The fourth measure is labeled 'Student' and contains a quarter note G4. The fifth measure is labeled 'Teacher' and contains a quarter note A4. The sixth measure is labeled 'Student' and contains a quarter note B4.

Example B:

 Musical notation for Example B in D major, 4/4 time. The first measure is labeled 'Teacher' and contains a quarter note D4. The second measure is labeled 'Student' and contains a quarter note E4. The third measure is labeled 'Teacher' and contains a quarter note F#4. The fourth measure is labeled 'Student' and contains a quarter note G4. The fifth measure is labeled 'Teacher' and contains a quarter note A4. The sixth measure is labeled 'Student' and contains a quarter note B4.

PUTTING IT ALL TOGETHER

Congratulations! You are now ready to practice like an advanced player by combining left and right hand skills while reading music. When learning a new line of music, follow these steps for success:

Step 1 Tap your toe and say or sing the letter names.

Step 2 Play *pizz.* and say or sing the letter names.

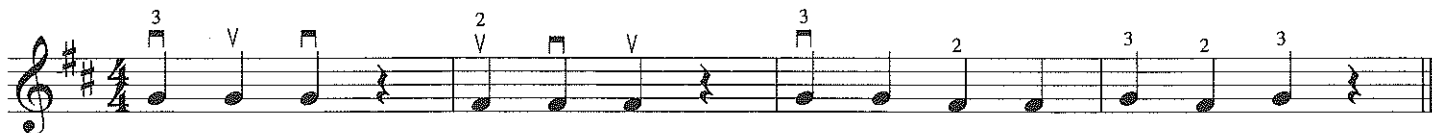
Step 3 Shadow bow and say or sing the letter names.

Step 4 Bow and play as written.

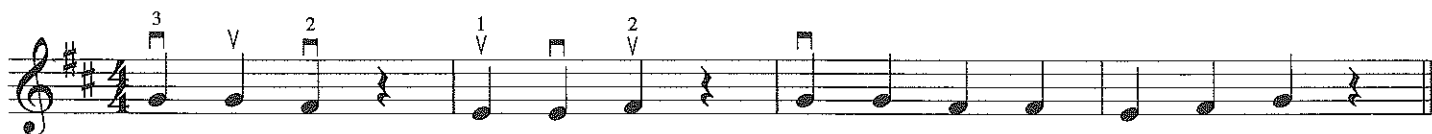
54. BOWING "G"



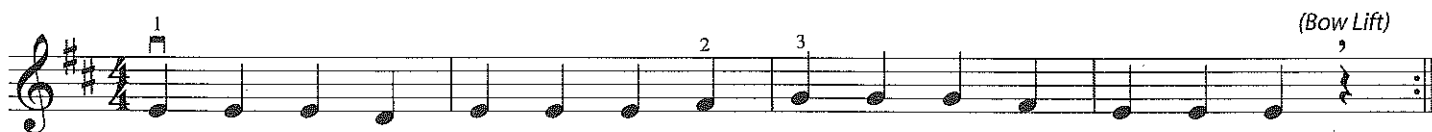
55. BACK AND FORTH



56. DOWN AND UP



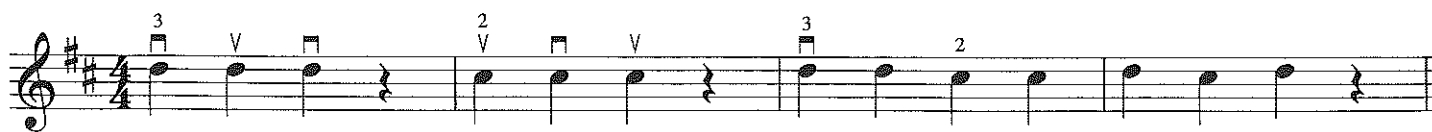
57. TRIBAL LAMENT



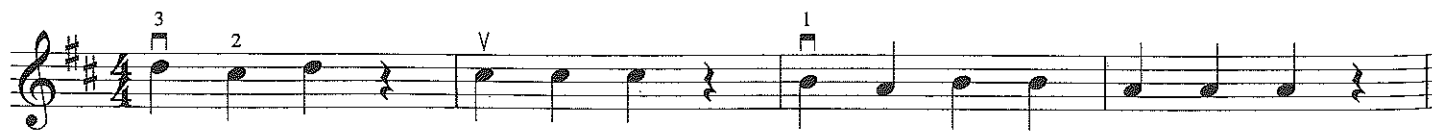
58. BOWING "D"



59. LITTLE STEPS

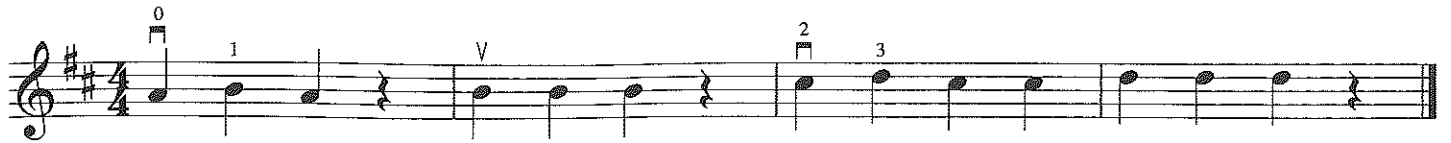


60. ELEVATOR DOWN

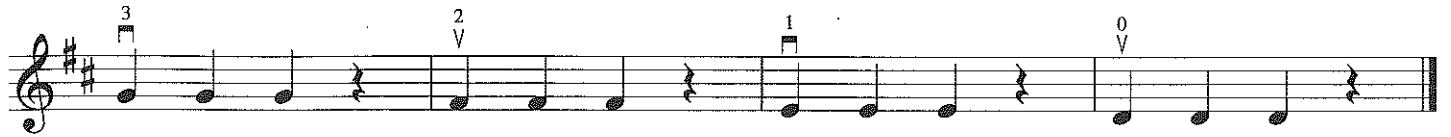


1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

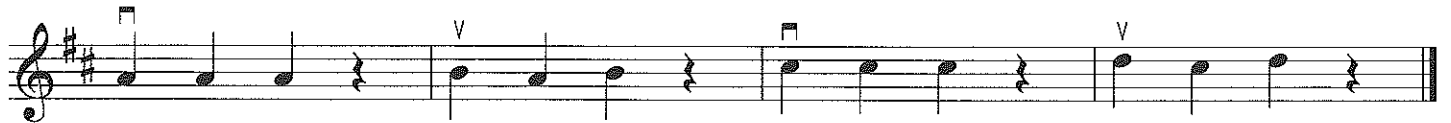
61. ELEVATOR UP



62. DOWN THE D MAJOR SCALE



63. SCALE SIMULATOR *Remember to count.*



64. ESSENTIAL ELEMENTS QUIZ – THE D MAJOR SCALE



Special Violin Exercise

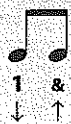
While the basses learn a new note, draw the bar lines in the music below. Then write in the counting.



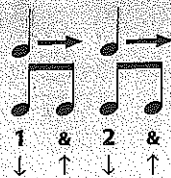
65. LET'S READ "C#" – Review



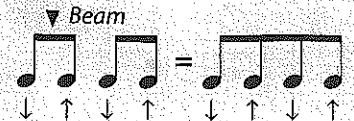
Eighth Notes



Each Eighth Note = 1/2 Beat
2 Eighth Notes = 1 Beat



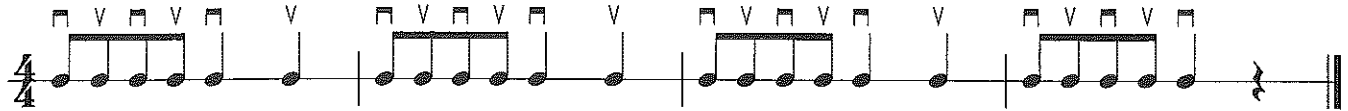
Two or more Eighth Notes have a *beam* across the stems.



Tap your toe down on the number and up on the "&".

66. RHYTHM RAP

Shadow bow and count before playing.



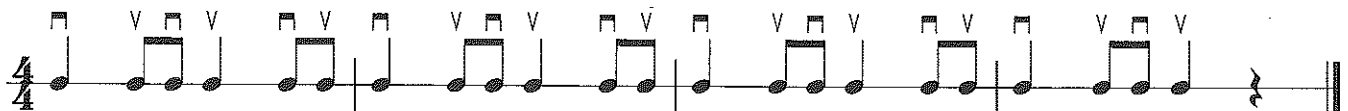
Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

67. PEPPERONI PIZZA



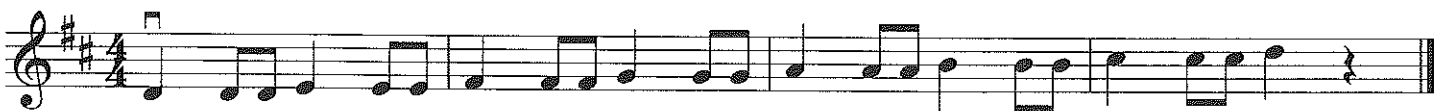
68. RHYTHM RAP

Shadow bow and count before playing.



Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

69. D MAJOR SCALE UP



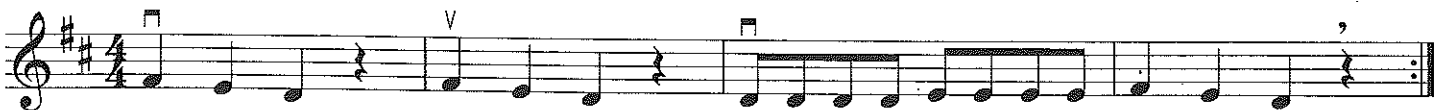
Tempo Markings

Tempo is the speed of music. Tempo markings are usually written above the staff, in Italian.

Allegro - Fast tempo **Moderato** - Medium tempo **Andante** - Slower, walking tempo

70. HOT CROSS BUNS

Moderato



71. AU CLAIRE DE LA LUNE

Andante



French Folk Song

72. RHYTHM RAP

Shadow bow and count before playing.

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

73. BUCKEYE SALUTE

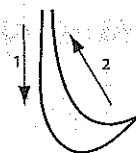
Moderato

2/4 Time Signature

= 2 beats per measure
= Quarter note gets one beat

Conducting

Practice conducting this two-beat pattern.



THEORY

74. RHYTHM RAP

Shadow bow and count before playing.

Count: 1 & 2 & 1 & 2 & 1 & 2 & 1 & 2 & 1 & 2 & 1 & 2 & 1 & 2 & 1 & 2 &

75. TWO BY TWO

1st & 2nd Endings



Play the 1st ending the 1st time through. Then, repeat the same section of music, skip the 1st ending, and play the 2nd ending.

THEORY

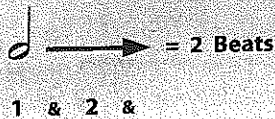
76. ESSENTIAL ELEMENTS QUIZ - FOR PETE'S SAKE

Moderato

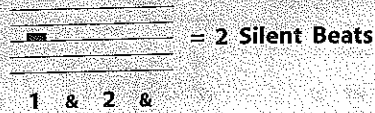
1st time 2nd time

THEORY

Half Note

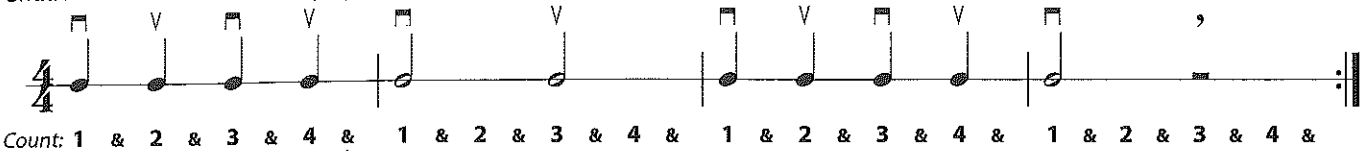


Half Rest



77. RHYTHM RAP

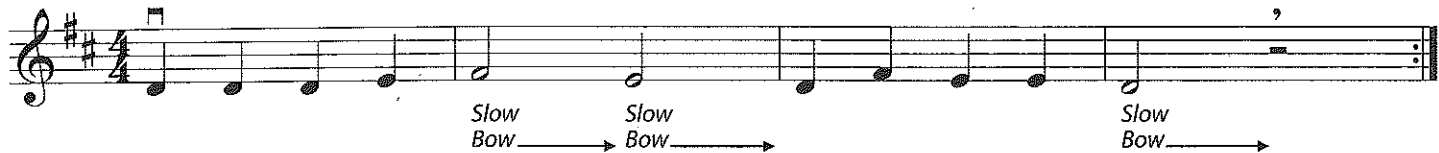
Shadow bow and count before playing.



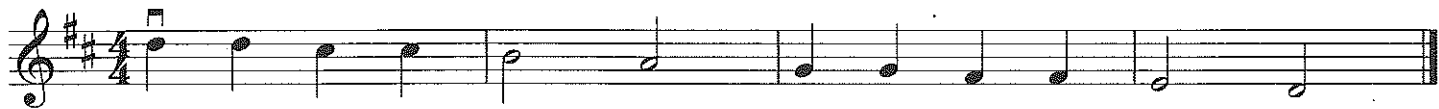
78. AT PIERROT'S DOOR

Moderato

French Folk Song



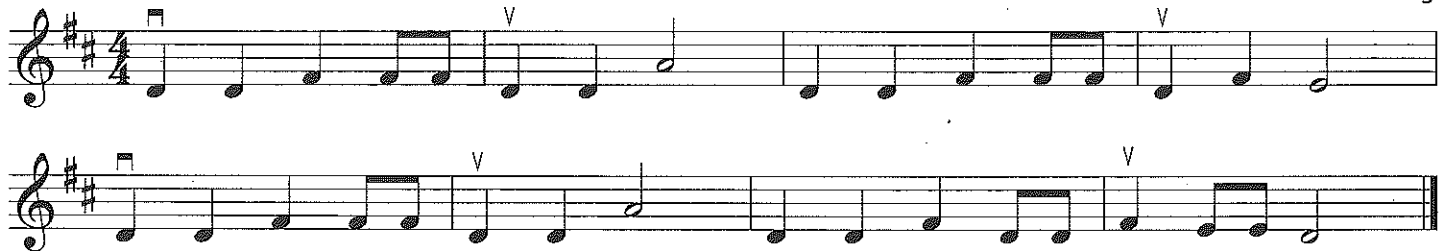
79. THE HALF COUNTS



80. GRANDPARENT'S DAY

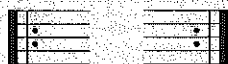
Andante

American Folk Song



THEORY

Repeat Signs

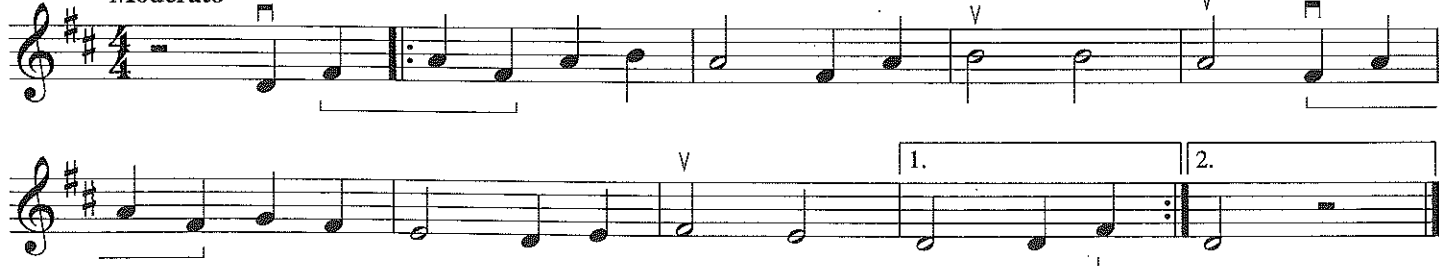


Repeat the section of music enclosed by the **repeat signs**. (If 1st and 2nd endings are used, they are played as usual—but go back only to the first repeat sign, not to the beginning.)

81. MICHAEL ROW THE BOAT ASHORE

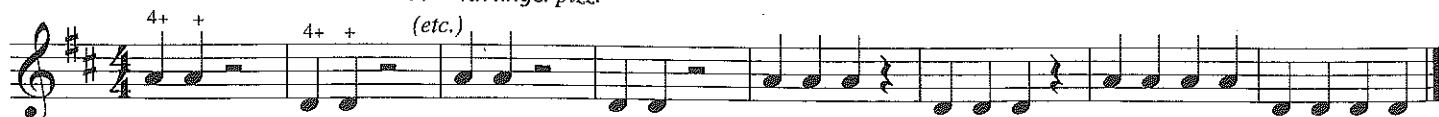
Moderato

American Folk Song



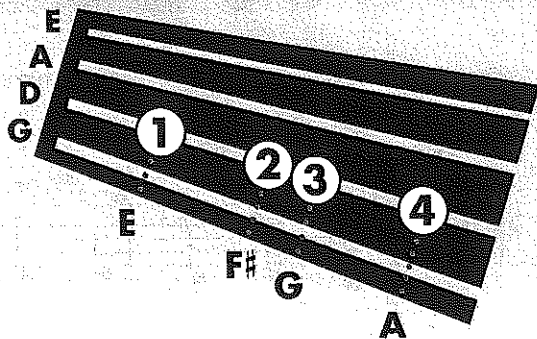
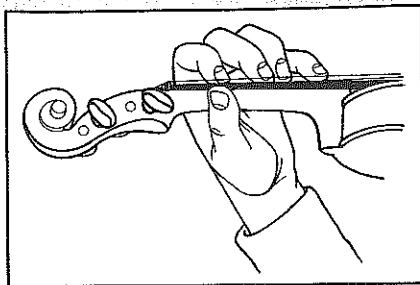
82. TEXAS TWO-STRING

Holding your violin in shoulder position, pizz. this exercise with your left hand 4th finger.
4+ = 4th finger pizz. (etc.)



4TH FINGER

Your **4th finger** is often used to match the pitch of the next highest open string, creating a smoother tone and fewer changes between strings for bowing.



83. FOUR BY FOUR

84. 4TH FINGER MARATHON

85. HIGH FLYING

German composer **Ludwig van Beethoven** (1770–1827) was one of the world's greatest composers. He was completely deaf by 1802. Although he could not hear music like we do, he could "hear" it in his mind. The theme of his final *Symphony No. 9* is called "Ode To Joy," and was written to the text of a poem by Friedrich von Schiller. "Ode To Joy" was featured in concerts celebrating the reunification of Germany in 1990.

HISTORY

86. ESSENTIAL ELEMENTS QUIZ - ODE TO JOY

Ludwig van Beethoven

Moderato

PERFORMANCE SPOTLIGHT

★ Good performers are on time with their instruments and music ready, dressed appropriately, and know their music well.

87. SCALE WARM-UP

88. FRÈRE JACQUES - Round *(When group A reaches ②, group B begins at ①)*

French Folk Song

Moderato

THEORY

Chord, Harmony

Two or more pitches sounding at the same time form a **chord** or **harmony**. Throughout this book, **A** = Melody and **B** = Harmony.

89. BILE 'EM CABBAGE DOWN - Orchestra Arrangement

Allegro

American Fiddle Tune

5 ◀ Measure Number

PERFORMANCE SPOTLIGHT

90. ENGLISH ROUND

Andante

91. LIGHTLY ROW - Orchestra Arrangement

Moderato

French composer **Jacques Offenbach** (1819–1880) was the originator of the **operetta** and played the cello. An **operetta** is a form of entertainment that combines several of the fine arts together: vocal and instrumental music, drama, dance, and visual arts. One of his most famous pieces is the “Can-Can” dance from *Orpheus And The Underworld*. This popular work was written in 1858, just three years before the start of the American Civil War (1861–1865).

HISTORY

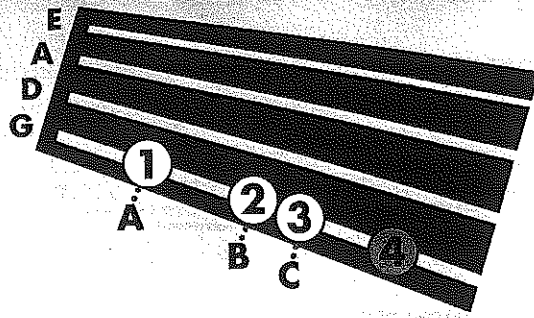
92. CAN-CAN - Orchestra Arrangement

Jacques Offenbach
Arr. John Higgins

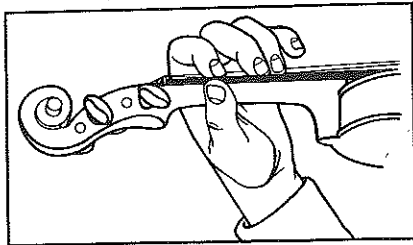
Allegro

✓ What were the strong points of your performance?

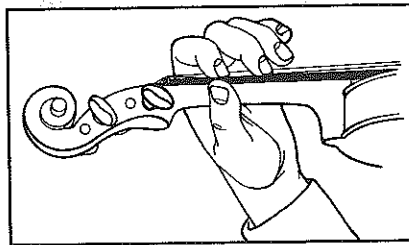
G STRING NOTES



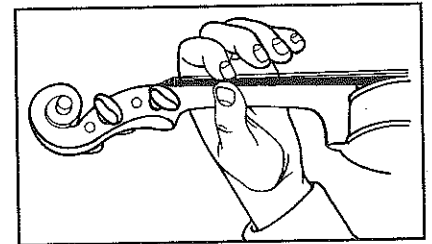
C is played with 3 fingers on the G string.



B is played with 2 fingers on the G string.



A is played with 1 finger on the G string.



Listening Skills

Play what your teacher plays. Listen carefully.

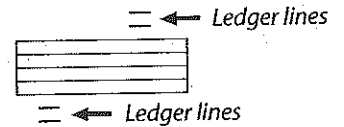
THEORY

**New Key Signature
G MAJOR**



Play all F's as F# (F-sharp) and all C's as C# (C-natural).

Ledger Lines



Ledger lines extend the music staff higher or lower.

93. LET'S READ "G"



▲ Play F#'s and C#'s in this key signature.

94. LET'S READ "C" (C-natural)



95. LET'S READ "B"



96. LET'S READ "A"



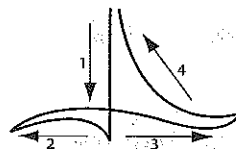
97. WALKING AROUND *Name the notes before you play.*

98. G MAJOR SCALE *Write the note names before you play.*

99. FOURTH FINGER D

Time Signature **C** = Common Time
(Meter) Same as $\frac{4}{4}$

Conducting



Practice conducting
this four-beat pattern.

THEORY

100. LOW DOWN

101. BAA BAA BLACK SHEEP

Moderato

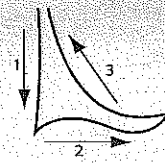
102. ESSENTIAL ELEMENTS QUIZ - THIS OLD MAN

Moderato

American Folk Song

Time Signature 3 = 3 beats per measure
 (Meter) 4 = $\frac{3}{4}$ or $\frac{2}{4}$ gets one beat

Conducting



Practice conducting this three-beat pattern.

Dotted Half Note $\text{♩} \cdot$ → = 3 Beats of Sound
 1 & 2 & 3 &
 ↓ ↑ ↓ ↑ ↓ ↑

Dot $\text{♩} \cdot$ = $\text{♩} \cdot$
 A dot adds half the value of the note. 2 beats + 1 beat = 3 beats

103. RHYTHM RAP

Shadow bow and count before playing.

104. COUNTING THREES

105. D MAJOR SCALE IN THREES

106. FRENCH FOLK SONG

Moderato

French Folk Song

107. ESSENTIAL ELEMENTS QUIZ - SAILOR'S SONG

Allegro

English Sea Song

△ Write in the correct time signature before you begin.

Tie

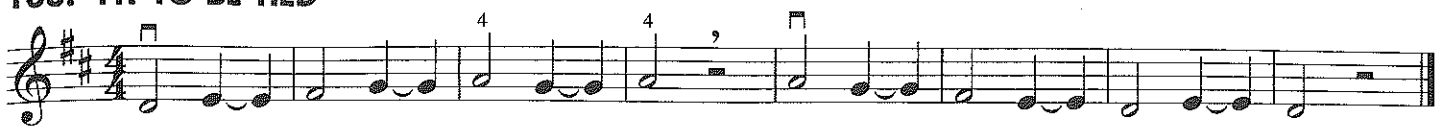


A **tie** is a curved line that connects notes of the **same** pitch. Play a single note for the combined counts of the tied notes.

= 2 beats

THEORY

108. FIT TO BE TIED



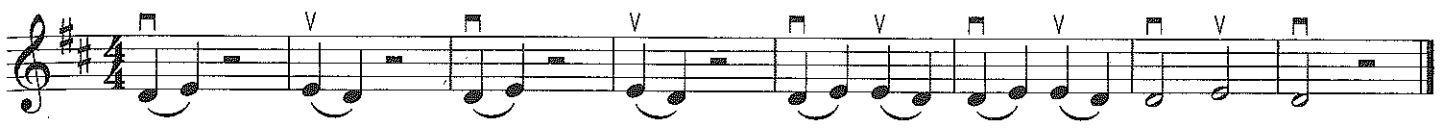
Slur



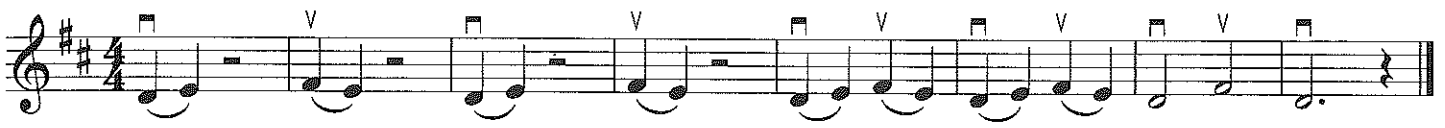
A **slur** is a curved line that connects two or more **different** pitches. Play slurred notes together in the same bow stroke.

THEORY

109. STOP AND GO



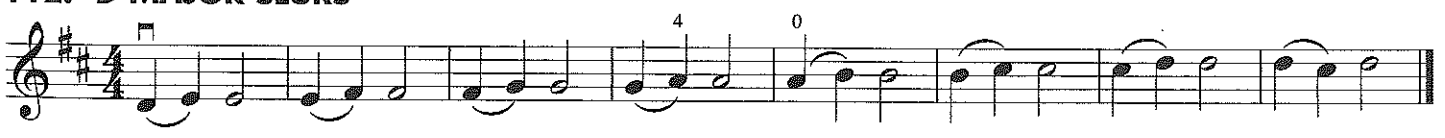
110. SLURRING ALONG



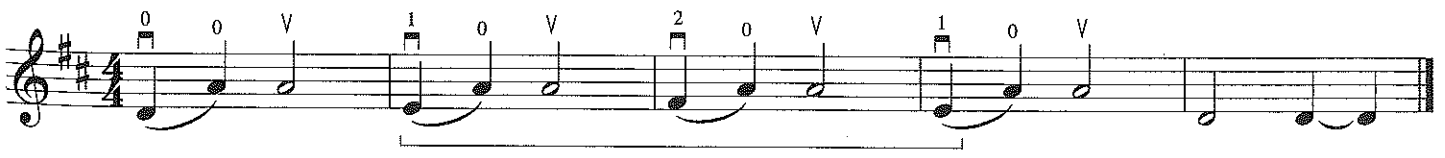
111. SMOOTH SAILING



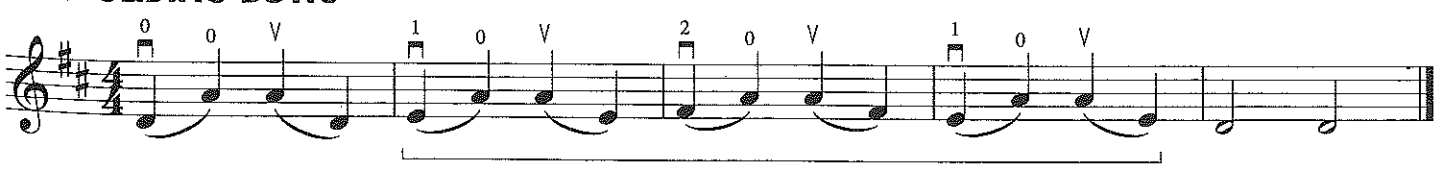
112. D MAJOR SLURS



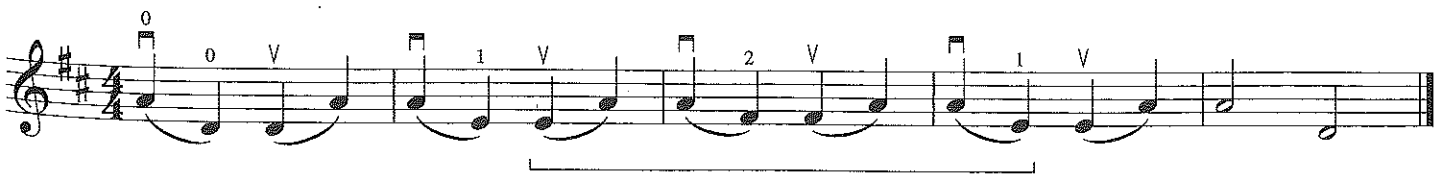
113. CROSSING STRINGS



114. GLIDING BOWS



115. UPSIDE DOWN



THEORY

Upbeat

A note (or notes) that appears before the first full measure is called an **upbeat** (or **pickup**). The remaining beats are found in the last measure.

116. SONG FOR MARIA

Andante

Musical notation for 'Song for Maria' in G major, 4/4 time. The piece is marked 'Andante'. It begins with a pickup note (upbeat) followed by a full measure. The melody consists of eighth and quarter notes. There are four-measure rests in the second and fourth measures. A triangle symbol with the word 'Upbeat' is placed below the first measure. A question mark 'Where is beat 4?' is placed below the fourth measure.

HISTORY

Latin American music combines the folk music from South and Central America, the Caribbean Islands, African, Spanish, and Portuguese cultures. Melodies often feature a lively accompaniment by drums, maracas, and claves. Latin American styles have become part of jazz, classical, and rock music.

THEORY

D.C. al Fine

Play until you see the **D.C. al Fine**. Then go back to the beginning and play until you see **Fine** (*fee'- nay*). **D.C.** is the abbreviation for **Da Capo**, the Italian term for "return to the beginning." **Fine** is the Italian word for "the finish."

117. BANANA BOAT SONG

Moderato

Caribbean Folk Song

Musical notation for 'Banana Boat Song' in G major, 2/4 time. The piece is marked 'Moderato'. It consists of two staves. The first staff ends with a double bar line and the word 'Fine'. The second staff begins with a double bar line and the instruction 'D.C. al Fine', followed by a repeat of the melody. There are four-measure rests in the second and fourth measures of the first staff.

118. FIROLIRALERA - Orchestra Arrangement

Allegro

Mexican Folk Song
Arr. John Higgins

Musical notation for 'Firoliralera - Orchestra Arrangement' in G major, 3/4 time. The piece is marked 'Allegro'. It is arranged for two parts, A and B. Both parts feature a rhythmic melody of eighth and quarter notes. There are four-measure rests in the first and third measures of both parts. The notation includes various musical symbols such as 'Upbeats', 'V' (accents), and 'Tie' symbols. The piece concludes with a double bar line and a 'Tie' symbol.

SKILL BUILDERS - G Major

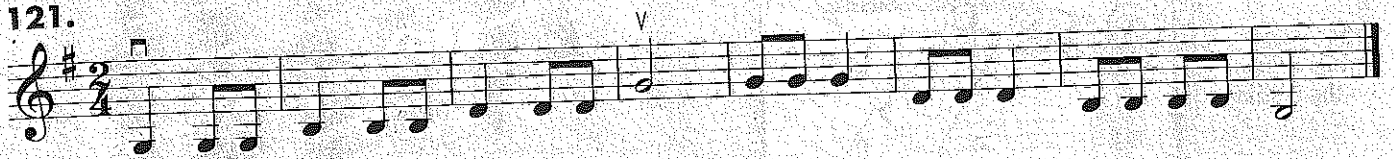
119.



120.



121.



122.



123.



124.



Far Eastern music comes from Malaysia, Indonesia, China and other areas. Historians believe the first orchestras, known as **gamelans**, existed in this region as early as the 1st century B.C. Today's gamelans include rebabs (spiked fiddles), gongs, xylophones, and a wide variety of percussion instruments.

HISTORY

125. JINGLI NONA

Far Eastern Folk Song

Allegro



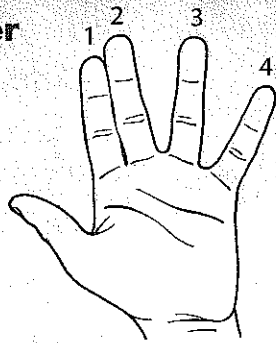
Where is beat 4? Δ

NEW FINGER PATTERN

Low 2nd Finger

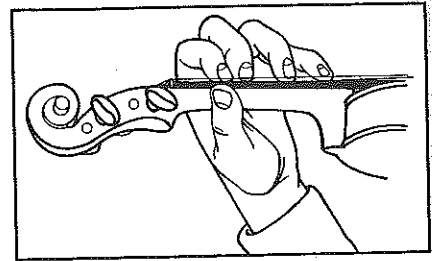
Step 1

Shape your left hand as shown. Be certain your palm faces you. Notice your 2nd finger lightly touches your 1st finger.



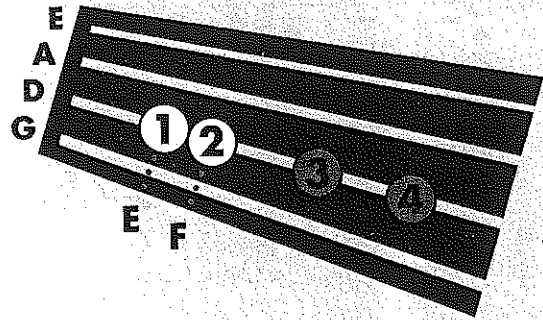
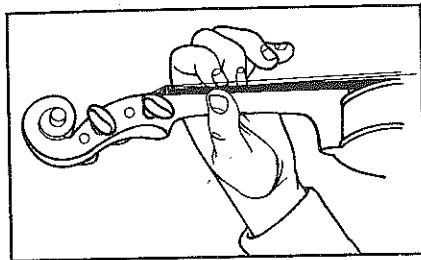
Step 2

Bring your hand to the fingerboard. Your 1st and 2nd fingers touch. There is a space between your 2nd and 3rd fingers, and between your 3rd and 4th fingers.



F

is played with low 2nd finger on the D string.



Listening Skills

Play what your teacher plays. Listen carefully.

THEORY

Natural



A natural sign cancels a flat (b) or sharp (#) and remains in effect for the entire measure.

126. LET'S READ "F" (F-natural)

Low 2nd finger



THEORY

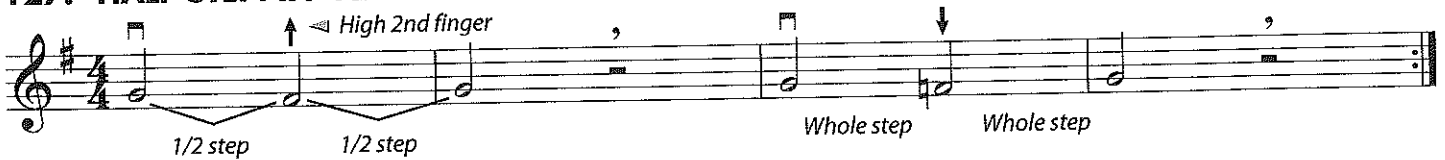
Half Step

A half step is the smallest distance between two notes.

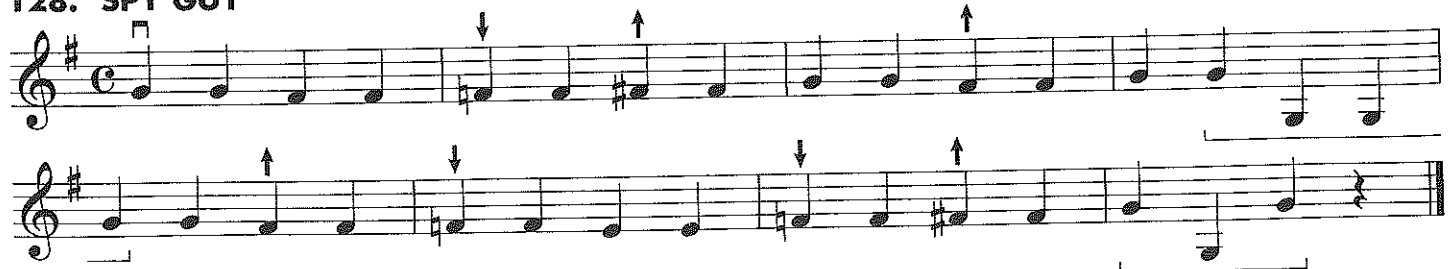
Whole Step

A whole step is two half steps combined.

127. HALF-STEPPIN' AND WHOLE STEPPIN'



128. SPY GUY



129. MINOR DETAILS

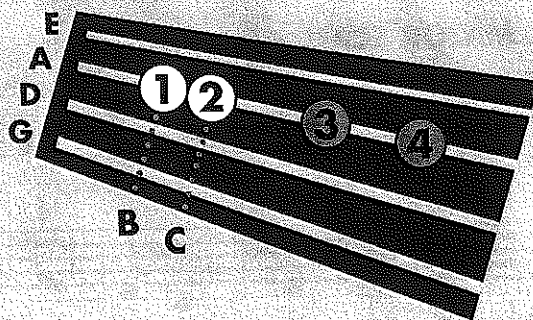
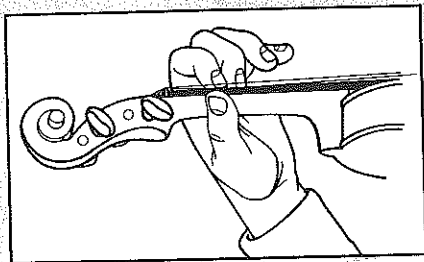


NEW FINGER PATTERN

Low 2nd Finger On The A String

Shape your left hand on the A string as shown.

C is played with low 2nd finger on the A string.



Listening Skills Play what your teacher plays. Listen carefully.

130. LET'S READ "C" (C-natural)

C

131. HALF STEP AND WHOLE STEP REVIEW

Chromatics

Chromatic notes are altered with sharps, flats, and naturals. A chromatic pattern is two or more notes in a sequence of half steps.

THEORY

132. CHROMATIC MOVES

133. THE STETSON SPECIAL

134. BLUEBIRD'S SONG

Allegro

Texas Folk Song

Key Signature C MAJOR



All notes are naturals.

135. C MAJOR SCALE - Round

Duet A composition with two different parts, played together.

136. SPLIT DECISION - Duet

137. OAK HOLLOW

Moderato

138. A-TISKET, A-TASKET

Allegro

In the second half of the 1800s many composers tried to express the spirit of their own country by writing music with a distinct national flavor. Listen to the music of Russian composers such as Borodin, Tchaikovsky, and Rimsky-Korsakov. They often used folk songs and dance rhythms to convey their nationalism. Describe the sounds you hear.

139. ESSENTIAL ELEMENTS QUIZ - RUSSIAN FOLK TUNE

Andante

Russian Folk Song



Alert: This page mixes finger patterns. Watch for low second finger (C4) and high second finger (F#).

140. BINGO

18th Century English Game Song

Allegro

Where is beat 2? ▲

HISTORY

English composer **Thomas Tallis** (1505–1585) served as royal court composer during the reigns of Henry VIII, Edward VI, Mary, and Elizabeth I. Composers and artists during this era wanted to recreate the artistic and scientific glories of ancient Greece and Rome. The great artist Michelangelo painted the Sistine Chapel during Tallis' lifetime. **Rounds** and **canons** were popular forms of music during the early 16th century. Divide into groups, and play or sing the *Tallis Canon* as a 4-part round.

141. TALLIS CANON - Round

Thomas Tallis

Moderato

THEORY

Theme and Variations

Theme and Variations is a musical form where a theme, or melody, is followed by different versions of the same theme.

142. VARIATIONS ON A FAMILIAR SONG

Moderato

Variation 2 – make up your own variation

143. ESSENTIAL CREATIVITY - THE BIRTHDAY SONG

Moderato

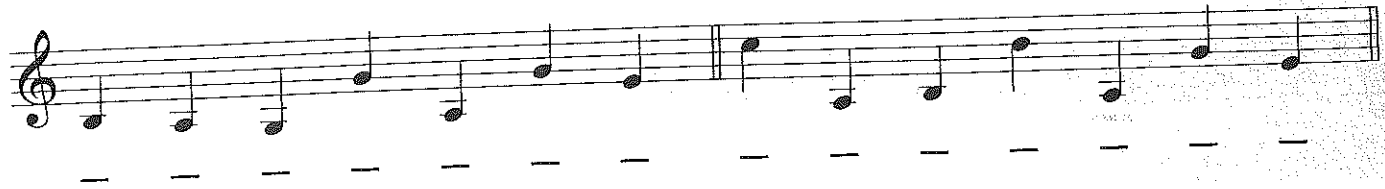
Now play the line again and create your own rhythm.

Special Violin Exercise

Write the note names below. Then, write stories using as many note names as possible. Share your work with orchestra friends.



Note Names: _____



Team Work

Great musicians give encouragement to their fellow performers. Viola and cello players will now learn new challenging notes. The success of your orchestra depends on everyone's talent and patience. Play your best as these sections advance their musical technique.

Listening Skills

Play what your teacher plays. Listen carefully.

144. LET'S READ "C" - Review



145. LET'S READ "F" - Review



146. LET'S READ "E" - Review



147. LET'S READ "D" - Review



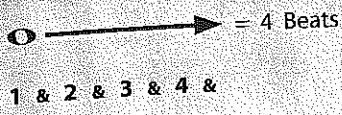
148. SIDE BY SIDE *Name the notes before you play.*



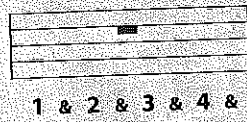
149. C MAJOR SCALE



Whole Note



Whole Rest

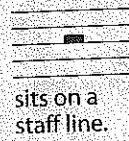


A Whole Measure of Silent Beats

Whole Rest



Half Rest



THEORY

150. RHYTHM RAP

Shadow bow and count before playing.

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

151. SLOW BOWS

Slow Bow

152. LONG, LONG AGO

T.H. Baily

Moderato

Arpeggio

An **arpeggio** is a chord whose pitches are played one at a time. Your first arpeggio uses the 1st, 3rd, 5th, and 8th steps from the C major scale.

THEORY

153. C MAJOR SCALE AND ARPEGGIO

Arpeggio

154. LISTEN TO OUR SECTIONS

Violin Viola Cello Bass Vln. Vla. Vcl. Bs. All

155. MONDAY'S MELODY

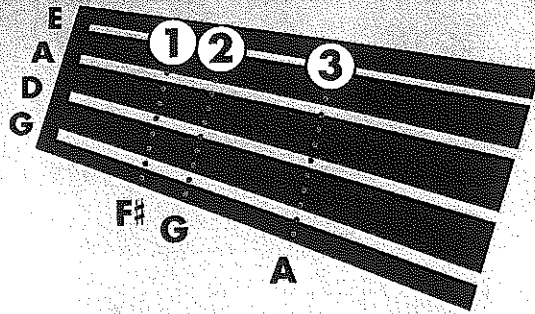
Traditional Folk Song

Moderato

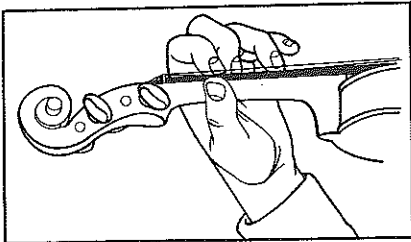
Fine

D.C. al Fine

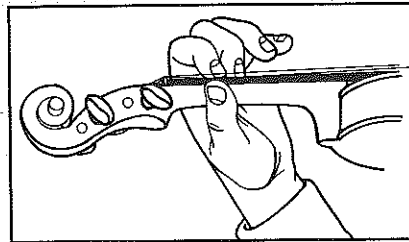
E STRING NOTES



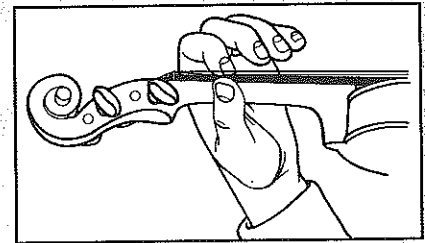
A is played with 3 fingers on the E string.



G is played with 2 fingers on the E string.



F# is played with 1 finger on the E string.



Listening Skills Play what your teacher plays. Listen carefully.

156. LET'S READ "E"



157. LET'S READ "A"



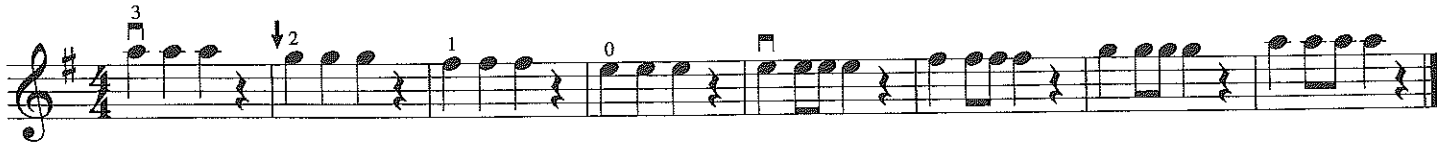
158. LET'S READ "G"



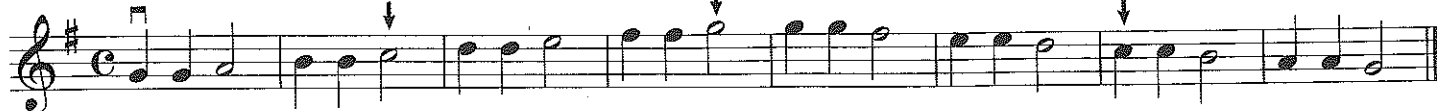
159. LET'S READ "F#" (F-sharp)



160. MOVING ALONG *Name the notes before you play.*

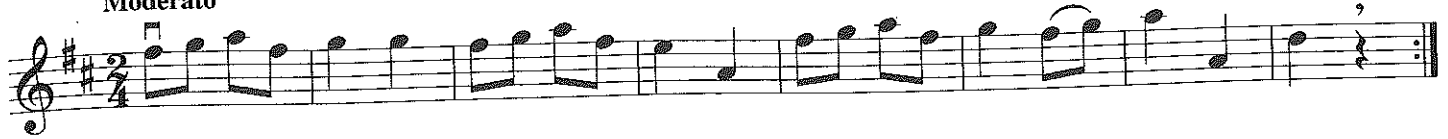


161. G MAJOR SCALE



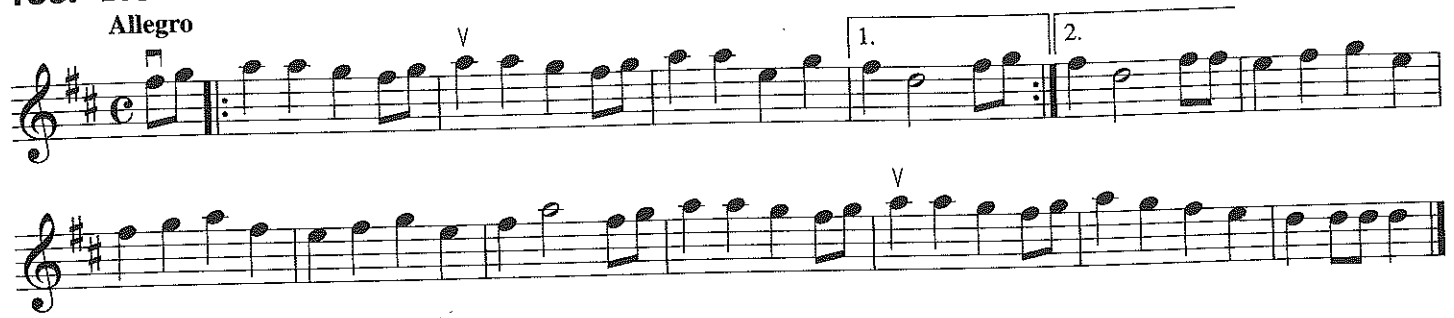
162. SHEPHERD'S HEY
Moderato

English Folk Song



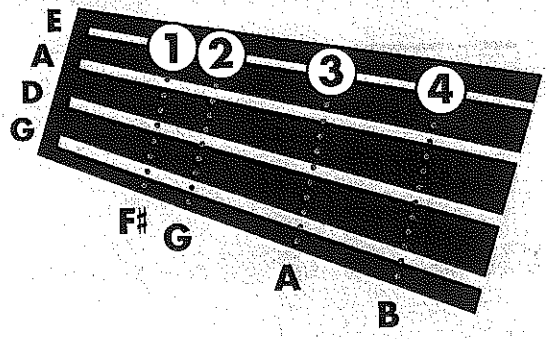
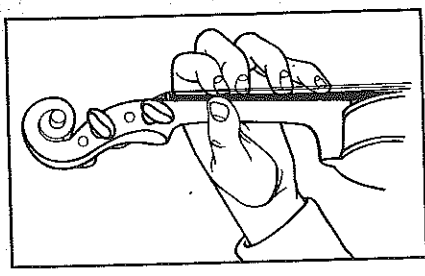
163. BIG ROCK CANDY MOUNTAIN
Allegro

American Folk Song



NEW NOTE

B
is played with
4 fingers on
the E string.



Listening Skills

Play what your teacher plays. Listen carefully.

164. LET'S READ "B"



165. ICE SKATING
Moderato



166. ESSENTIAL ELEMENTS QUIZ - ACADEMIC FESTIVAL OVERTURE THEME
Moderato

Johannes Brahms



Staccato

Staccato notes are marked with a dot above or below the note. A staccato note is played with a stopped bow stroke. Listen for a space between staccato notes.

167. PLAY STACCATO
168. ARKANSAS TRAVELER*Allegro*

Southern American Folk Song

**SKILL BUILDERS - G Major**

169.

170.

171.

172.

▼ 4th finger on A string = open E pitch

173.

Hooked Bowing



Hooked bowing is two or more notes played in the same direction with a stop between each note.

174. HOOKED ON D MAJOR

175. WALTZING BOWS

176. POP GOES THE WEASEL

Allegro

American Folk Song

SKILL BUILDERS - C Major

177.

178.

179.

180.

Dynamics

Dynamics tell us what volume to play or sing.

f (forte)*p* (piano)

Play loudly. Add more weight to the bow.

Play softly. Remove weight from the bow.

181. FORTE AND PIANO
182. SURPRISE SYMPHONY THEME

Andante

Franz Josef Haydn

SKILL BUILDERS - Scales and Arpeggios

Add your own dynamics to any of the lines below.

183. D MAJOR
184. G MAJOR
185. G MAJOR
186. C MAJOR
187. C MAJOR (Lower Octave - viola and cello)

PERFORMANCE SPOTLIGHT

188. CRIPPLE CREEK - Orchestra Arrangement (A = Melody and B = Harmony)

American Folk Song
Arr. Michael Allen

Allegro

The musical score for 'Cripple Creek' is written for two staves, A (Melody) and B (Harmony), in 4/4 time with a key signature of two sharps (F# and C#). The tempo is marked 'Allegro'. Both staves begin with a forte (*f*) dynamic. The melody in staff A features a series of eighth and quarter notes, with a 'V' (Vibrato) marking above the first and third measures. The harmony in staff B consists of a steady eighth-note accompaniment. The piece concludes with a double bar line and repeat dots.

Africa is a large continent made up of many nations, and African folk music is as diverse as its many cultures. This folk song is from Kenya. The words describe warriors as they prepare for battle. Listen to examples of African folk music and describe the sound.

HISTORY

189. TEKELE LOMERIA - Orchestra Arrangement

Kenyan Warrior Song
Arr. John Higgins

Moderato

The musical score for 'Tekele Lomeria' is written for two staves, A (Melody) and B (Harmony), in common time (C). The tempo is marked 'Moderato'. Both staves begin with a forte (*f*) dynamic. The melody in staff A features a series of eighth and quarter notes, with a 'V' (Vibrato) marking above the first measure. The harmony in staff B consists of a steady eighth-note accompaniment. The piece concludes with a double bar line and repeat dots.

PERFORMANCE SPOTLIGHT

HISTORY

Italian composer **Gioachino Rossini** (1792–1868) wrote some of the world's favorite operas. "William Tell" was Rossini's last opera, and its popular theme is still heard on television.

190. WILLIAM TELL OVERTURE - Orchestra Arrangement

Gioachino Rossini
Arr. John Higgins

Allegro

A

B

p *f* *p* *f*

Fine 9

p *p*

D.C. al Fine

f *f*

191. ROCKIN' STRINGS - Orchestra Arrangement

John Higgins

Moderato

A

B

f *f*

1. 2.

PERFORMANCE SPOTLIGHT

Shaker Folk Song
Arr. John Higgins

192. SIMPLE GIFTS - Orchestra Arrangement

Andante

The score is written for two staves, A and B, in treble clef with a key signature of two sharps (F# and C#) and a 4/4 time signature. The tempo is marked 'Andante'. The first system (measures 1-4) features a forte (*f*) dynamic. The second system (measures 5-8) includes accents and slurs. The third system (measures 9-12) starts with a piano (*p*) dynamic and includes a measure rest for 10 measures. The fourth system (measures 13-16) returns to a forte (*f*) dynamic. The fifth system (measures 17-20) ends with a piano (*p*) dynamic. Various performance markings such as slurs, accents, and dynamic changes are present throughout the score.

PERFORMANCE SPOTLIGHT

Solo with Piano Accompaniment

A solo is a composition written for one player, often with piano accompaniment. This solo was written by **Johann Sebastian Bach** (1685–1750). You and a piano accompanist can perform for the orchestra, your school, your family, and at other occasions. When you have learned the piece well, try memorizing it. Performing for an audience is an exciting part of being involved in music.

193. MINUET NO. 1 - Solo

Johann Sebastian Bach
Arr. John Higgins

Moderato

f

p

f

Piano Accompaniment

Moderato

mf

p

f

Improvisation

Improvisation is the art of freely creating your own music as you play.

194. RHYTHM JAM Using the following notes, improvise your own rhythms.



195. INSTANT MELODY Using the following notes, improvise your own melody (Line A), to go with the accompaniment (Line B).



VIOLIN FINGERING CHART

String	0	1	2	3	4
E STRING					
A STRING					
D STRING					
G STRING					

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